

DEB BOWMAN

Fast Heart

Release Date: August 29, 2019
Artist: Deb Bowman
Title: Fast Heart
Label: Mama Bama Records

An award-winning singer, actor, composer, and cabaret artist, **DEB BOWMAN's** multi-faceted talents shine through on her newest album, **FAST HEART**. The project comprises a mix of jazz standards and four original tunes penned by Bowman. This is her debut as a songwriter.

Bowman originally hails from Alabama, but lived in New York City for several years, pursuing an acting and singing career. She has performed in theatre, Off- Broadway, national tours and regional productions as well as television, films, and commercials, and continues to create her own unique jazz cabaret shows well received in NYC, regionally and at sea on world cruise ships, where she has traveled to over 60 countries.

FAST HEART is a tribute to Bowman's beloved sister, Patti, who died of ovarian cancer. She was with her sister throughout the brutal 18 month battle and was devastated by her loss. Bowman relocated to Atlanta several years ago and has continued both her acting and singing career.

Bowman is releasing **FAST HEART** in concert on the 10th anniversary of Patti's passing at Birdland on September 22nd, 2019. Patti loved butterflies, and from the teal butterfly on the cover (a symbol of ovarian cancer awareness) to references in several songs, the album is replete with butterfly allusions. Bowman will also be donating a portion of the revenue to Ovarian Cancer Research.

Bowman has a rich, warm voice that was shaped by her earliest performances as a Gospel singer. She is adept at a number of different musical styles, while her acting background clearly informs her approach to lyrics. **FAST HEART** is a beautiful and loving tribute to her late sister Patti.



Credits

Deb Bowman vocals
Eric Lewis "ELEW" piano & Rhodes
Steven Wolf "Wolf" percussion
Greg Lewis Hammond B3
Matthew Garrison bass
Kenyatta Beasley trumpet
Marla Feeney violin & viola

Executive Producer: **Deb Bowman**

Music Producer: **Arnold Strickland**

Recorded & Mixed by **Akihiro Nishimura**

Mastered by **Paul Blakemore**

Recorded at **Powerstation New York, NY**

Fast Heart

1. **Willow In The Wind** 5:26
2. **Pannonica** 6:12
3. **Butterfly** 8:04
4. **Where Can We Go** 4:44
5. **La Vie En Rose** 4:28
6. **Moody's Mood For Love** 4:58
7. **Georgia On My Mind** 4:55
8. **Crazy He Calls Me** 6:13
9. **Fast Heart** 5:21
10. **Shelter Me From The Storm** 6:11

Publicity



Mouthpiece Music — **Holly Cooper**

(310) 993-4017 | holly@mouthpiecemusic.com

www.mouthpiecemusic.com